



First Communion Instruction

As Lutherans we welcome all people to the table of Jesus Christ. Jesus commanded his disciples, "Take and eat...do this in remembrance of me." We remember the promises we receive through Jesus' body and blood every time we receive this holy meal. We believe God's grace is for all people and all are welcome at the Lord's table.

Therefore, we leave the timing of receiving Holy Communion for the first time as a child to the discretion of the parent, because sharing in the meal is part of immersing them in this life of faith. Understanding the meaning of the sacraments is not something that happens at a given age, but is a lifelong journey. Therefore, we do offer instruction classes for children and their parents, to be taken once the parents feel the child is ready for instruction--it need not be before they begin to receive. Following the class, children participate in Maundy Thursday worship, where they will officially receive for the first time. It is a very meaningful and exciting time in our life of faith together. Please visit with our pastor if you would like to learn more about Holy Communion.